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**BANDS DO BK: A GUIDE TO BROOKLYN,
BY BANDS, FOR EVERYONE**
SAM SUMPTER

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**FEATURED
ARTISTS &
BANDS**

BANDS DO BK: A GUIDE TO BROOKLYN, BY BANDS, FOR EVERYONE
SAM SUMPTER

The bands behind the names, the names behind the bands. For your cross-referencing convenience, here's a full list of the artists and bands who are quoted and referenced as contributors throughout the [Bands do BK](#) book.



“Filled to the brim with passion, curiosity, and intention, this book is a fantastic snapshot of the people and places that make and support music and make Brooklyn as special as it is.” —**NICK LAFALCE, MUSICIAN (ATLAS ENGINE, EDNA), CO-FOUNDER (FAVORITE FRIEND RECORDS)**

“An insiders guide to the who’s who and what’s what of the best parts of Brooklyn that you won’t find anywhere else.” —**SOPHIE EVERHARD, HEAD OF CONCERTS AT SOFAR SOUNDS**

“An honest and quirky snapshot of musicians’ lives from the past decade who are really, really doing Brooklyn... If you’re thinking of coming to NYC to pursue music or just be a part of it. Bands do Bk will push you over the edge with DIY inspiration to make this borough your own. Start a band! Start a venue! Eat some pizza! You’ll find your tribe and create community here.” —**TARRA THIESSEN, MUSICIAN (GUSTAF, SHARKMUFFIN)**

“Bands do BK has its finger on the pulse of Brooklyn’s burgeoning music scene, and this book is a must-have for anyone looking to understand what it’s like to be a part of it.” —**MATTIE SAFER, MUSICIAN (SAFER, POOLSIDE, THE RAPTURE), CO-FOUNDER (CELL VISION)**

BANDS DO BK: A GUIDE TO BROOKLYN, BY BANDS, FOR EVERYONE

**“AN ORAL HISTORY AND GUIDEBOOK WITH A DASH OF
MUSIC-FAN MEMOIR.”**

BANDS DO BANDS DO BK: A GUIDE TO BROOKLYN, BY BANDS, FOR EVERYONE

01 BANDS DO BK: A GUIDE TO BROOKLYN, BY BANDS, FOR EVERYONE

Somewhere in Brooklyn, and all over Brooklyn, your favorite, and soon-to-be favorite, bands are... Writing. Rehearsing. Recording. Performing. Scouring thrift stores. Stuffing down pizza. Drinking and dancing. Lounging and living. But where is this happening? Where are the local musicians whose music, styles, and tastes we admire working, playing, and hanging out in Brooklyn? What spots do bands on tour stop by when they're only in town for the night? What do their versions of Brooklyn look like?

In [Bands do BK: A Guide to Brooklyn, by Bands, for Everyone](#), Sam Sumpter explores Brooklyn from the unique perspective of the bands who live it and love it. Equal parts oral history, guidebook, and music-fan memoir, Sumpter shares behind-the-scenes stories, sound bites, and recommendations on places to visit from hundreds of featured interviewed bands—a hot slice of New York City indie chronicling the people and places that define it.

Based on Sumpter's popular music blog, [Bands do BK](#) supports local Brooklyn musicians while sharing new ways to explore and enjoy the borough. In [Bands do BK](#), you'll discover stories you don't read on an about page or social-media bio, details and recommendations that aren't incorporated into reviews, and the defining characteristics that definitely don't factor into typical guidebook ratings. Meet your new favorite band, discover your next go-to bar, expand your personal playlist, and experience the weird, wonderful, and unbeatable beauty of Brooklyn's influential music scene for yourself.

02 ADVANCE REVIEW COPIES

If you are a member of the press, a blogger/vlogger, a podcaster, or if you manage established book review social media platforms (e.g. Instagram, Twitter, TikTok, etc.), and would like to request a print review copy, an author interview with Sam Sumpter, or similar, please [contact Lit Riot Press](#).

Ebook advance review copies are [now available through Edelweiss](#), the book industry's platform to market, sell, discover, and order new titles.

01 SAM SUMPTER

Sam Sumpter is the founder and editorial director of Bands do BK. She is a journalist, MC, and host of the popular radio show, Bands do BK on Radio Free Brooklyn, featuring live interviews with local artists. She is the manager of the punk band Mary Shelley, and produces, books, and promotes live shows on stages across Brooklyn and in Manhattan. Since founding Bands do BK, Sumpter has spent time in recording studios, music venues, performance spaces, restaurants, bars, and cafes in the borough of Brooklyn interviewing her favorite musicians about their favorite places while using Bands do BK as a platform to share and promote the amazing music of the artists she loves. [CONNECT WITH SAM SUMPTER](#).

02 BANDS DO BK

Bands do BK is a guide to Brooklyn—by bands, for everyone. A roundup of some of the best spots in the borough, based on the recs of the indie artists who live it and love it. A fun resource through which to find and explore new places to eat, drink, think, work and play — and discover incredible music on the way. [MORE INFO ON THE PROJECT](#).

03 THE SETLIST

The Setlist is a weekly newsletter featuring an exclusive weekend itinerary created by local musicians we love. Artists' recommendations for what to do, see, eat, drink and listen to in NYC—in your inbox every Friday. [SUBSCRIBE TO THE SETLIST](#)

SAM SUMPTER

FOUNDER & EDITORIAL DIRECTOR OF BANDS DO BK



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FEATURED ARTIST & BANDS

BANDS DO BK: A GUIDE TO BROOKLYN, BY BANDS, FOR EVERYONE SAM SUMPTER

The bands behind the names, the names behind the bands. For your cross-referencing convenience, here's a full list of the artists and groups who are quoted and referenced as contributors throughout the [Bands do BK book](#).

Abner James (Eighty Ninety)
Adam Holtzberg (Loose Buttons)
Adeline
Aida Mekonnen (Forever Honey)
Aidan (Strange Neighbors)
Aleksi Glick (Snack Cat)
Alex M. (DD Walker)
Alison Clancy
Alex Chappo (CHAPPO)
Amelia Bushell (Extra Special, Grim
Streaker, Belle Mare)
Andrew Possehl (Sooner)
Annie Nirschel
Anthony Azarmgin (The Muckers)
Bandits on the Run (Adrian Blake
Enscoe, Sydney Shepherd, Regina
Strayhorn)
Ben Adams (Evolfo, Ochre)
Ben Thornewill (Jukebox the Ghost)

Beth Million
Blu DeTiger
Brandi Thompson (Brandi and the
Alexanders)
Brett Moses (Teen Commandments)
Brit Boras (New Myths, formerly of Future
Punx)
Caitlin Mahoney
Cancion Franklin
Carlo Minchillo (Brooklyn Drum
Collective, Murder Tag, The Planes,
Glass Slipper)
Caroline Kuhn (The Ladles)
Chantal Mitvalsky (Snack Cat)
Charmaine Querol (Nevva)
Chayse Schutter (A Very Special
Episode, Pocketsand, Amskray, Call
My Husband, Wolves At Night)
Cody Fitzgerald (Stolen Jars)

Colin Lord (HYPEMOM, alex in the attic)
Connor Gladney (Skout)
Connor Jones (Yella Belly, Elliot & The
Ghost)
Cory Peterson (Hollow Engine)
DAD (Jeremy Duvall, Jesse Fairbairn,
Jon Murphy, James Watson)
Dallin Smith (Max Pain and the Groovies)
Dan Barrecchia (Shred Flintstone)
Dana (Strange Neighbors)
Dane Zarra (Oil Bay, Caged Animals)
Dang Anohen (Sallies)
Danny Ross (Babetown)
Darius VanSluytman (No Surrender, The
Infesticons, Low Wave, Dead Tooth &
No Surrender)
Darren O'Brien (Wildly, Activity Partners)
Dave Palazola (Evolfo, Holy Hand
Grenade, Arthur Moon, Wsabi Fox)

FEATURED

BANDS DO BK: A GUIDE TO BROOKLYN, BY BANDS, FOR EVERYONE SAM SUMPTER

Davey Jones (Lost Boy ?)

David Johnson (Max Pain and the Groovies)

David Van Witt (HENRY FLWR)

Deep Wimp (Trevor Courneen, Kyle Jutkiewicz, Wesley Rose, Charlie Waters)

Devin McKnight (Maneka)

Digo Best (Colatura)

Dirty Mae (Ben Curtis, Cassie Fireman, Robin Frost)

Dom Bodo (95 Bulls, Jelly Kelly)

Ed Weisgerber (Shred Flintstone)

Eddie Kuspiel (Color Tongue)

Elijah Sokolow (The Living Strange)

Elise Okusami (Oceanator, Plastic Miracles)

Elizabeth Wyld

Elliah Heifetz

Emanuel Ayvas (Emanuel and the Fear, Pale Ramon)

Emily Ashenden (95 Bulls, Ashjesus)

Emily Sgouros (Moon Kissed)

Emir Mohseni (The Muckers)

Eric Nizgretsky (Loose Buttons)

Ethan Alexander (So and So)

Ethan Bassford (Gemma, Ava Luna)

Evan Crommett

Felicia Douglass (Gemma, Ava Luna, Dirty Projectors)

Felipe Giannella (Okay Okay)

Frank Graniero (Caravela)

Frank Poma (Zoos)

Gabriel Birnbaum (Wilder Maker)

Gavin Snider (Sad American Night)

George Miata (Color Tongue)

Gillian Visco (Shadow Monster)

Gino Gianoli (Duke of Vandals)

Gordon Taylor (Plastic Picnic)

Hallie Spoor

Harper James (Eighty Ninety, Middle Youth)

Hayes Peebles

Hearth (Sara Horton, Melanie Rose Wiggins)

Impossible Colors (Adam Berrios, Chris Boecker, Scott Greenberg, Ben Harwood)

Jack McLoughlin (Yella Belly, Forever Honey)

Jake Derting (Venus Twins, Mommy's Little Boy)

Jake Hiebert (Yella Belly, Elliot & The Ghost)

Jared Artaud (The Vacant Lots)

Jared Yee (Evolfo, Avant George, Aberdeen, Shubh Saran, Porterfield)

Jason Katzenstein (Wet Leather)

Jeff Citron (Moonglow)

Jenny Palumbo (Nevva)

Jeremy Neale

Jessica Leibowitz (Babetown)

Jessica Louise Dye (High Waisted)

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Jim Hill (Slight Of, Trace Mountains)

Joe Dahlstrom (Hot Knives)

Joey Giambra (Shred Flintstone)

John Farris (Sooner)

John Zimmerman (The Muckers)

Johnny Dynamite (Johnny Dynamite and
the Bloodsuckers)

Jon F Daily (The Black Black, Kissed by
an Animal, EWEL)

Jon Sandler (Great Good Fine Ok)

Jon the Guilt

Johan (Glom)

Jonathan (Glom)

Jonathan Freeland

Jono Bernstein (High Waisted)

Jordan (Glom)

Josh Inman (Oil Bay, Rancho
Cowabunga)

Justin Buschardt (Sharkswimmer)

JW Francis

Kai Sorensen (Evolfo, Karl's D Light)

Kalen Lister (Death By Piano, KALEN,
Late Sea)

Kallan Campbell (Max Pain and the
Groovies, GIFT, Tilden)

Kasey Heisler (A Very Special Episode)

Kate Black (THICK)

Katie Martucci (The Ladles)

Kayla Asbell (95 Bulls, Bipolar)

Kegan Zema (Realworld)

Keith Kelly (Jelly Kelly)

Kevin Olken Henthorn (Cape Francis)

Kevin Urvalek (Color Tongue)

Khaya Cohen (Moon Kissed)

Kira Metcalf

Kristof Denis (Deep Sea Peach Tree)

Laney Lynx

Laura Jinn

Laura Valk (Skout)

Leah Lavigne (Ok Cowgirl)

Leah Scarpati (Moon Kissed)

Lexie Lowell

LG Galleon (Dead Leaf Echo, Clone)

Lily Mao (Lily Mao and The Resonaters)

Lily Reszi Rothman (hartstop, Sloppy
Jane, fantasy)

Lincoln Lute (Plastic Picnic)

Lindsey Radice (PYNKIE)

Lip Molina (Sallies)

Lizzie No

Lucia Pontoniere (The Ladles)

Luke Santy (HYPEMOM,
LUKEINTERNET)

Luna Rose (Hannah Rose Ammon, Sam
Parrish, Jö Wagner)

Lydia Gammill (Gustaf)

Madam West (Sophie Chernin, Will Clark,
Jory Dawidowicz, Todd Martino, Mike
McDearmon)

Manny Silverstein (Loose Buttons)

Marble House (Gabe Friedman, Danny
Irizarry, Nicole Pettigrew, Javier Vela)

Marina Ross (New Myths)

Mary-Louise Hildebrandt (Maladaptive
Mistress)

Matt Bernstein (Wet Leather)

Matt Caldamone (HYPEMOM)

Matt Derting (Venus Twins)

FEATURED

BANDS DO BK: A GUIDE TO BROOKLYN, BY BANDS, FOR EVERYONE SAM SUMPTER

Matthew Gibbs (Evolfo, Ben Pirani, Rodes Rollins)

Matthew Iwanusa (Caveman)

Mattie Safer (Safer)

Melissa Lucciola (Francie Moon, Pretty World, Kino Kimino, Gustaf)

Meredith Lampe (Work Wife, Colatura)

Mia Berrin (Pom Pom Squad)

Michael Hesslein (HESS, Mail the Horse)

Michael Nitting (The Misters)

Michael Tarnofsky (Edna)

Michelle Birsky (Birch)

Mike Borchardt (Nihiloceros, Treads, Murder Tag)

Minaxi (Steve Carlin, Liam Christian, Shrenik Ganatra)

Mitch Meyer (Zoos, Drive-In, Climates)

Mitchell Parrish (Fever Dolls)

Molly Schoen (Nevva)

My Son The Doctor (Brian Hemmert, Joel Kalow, John Mason, Matt Nitzberg)

NAHreally

Natalie Kirch (Sharkmuffin, Drew Citron)

Nicholas LaGrasta (Teen Commandments)

Nick Cortezi (Marinara)

Nick LaFalce (Atlas Engine, Edna, co-founder of Favorite Friend Records)

Nick Louis (Almost Sex)

Nico E.P. (Native Sun, Deaf Poets, Tall Juan, Ben Katzman's DeGreaser)

Nikki Sisti (THICK, TVOD)

No Swoon (Tasha Abbott, Zack Nestel-Patt)

Ntu

Obash (Bipolar, Yaasss)

Olivia K

Olivia Price (Forever Honey)

Papi Shiitake

Parrot Dream (Kiki Appel, Gonzalo Guerrero)

Patrick Phillips (Namesake, formerly known as Honduras)

Patrick Porter (A Very Special Episode)

Paul Hammer (Savoir Adore)

Peter (Glom)

Peter Wise

Phantom Wave (Ian Carpenter, Rachel Fischer)

Pouya (Bipolar, The Spits)

Proper. (Erik Garlington, Natasha Johnson, Elijah Watson)

Quinn Devlin

Quinn McGovern (Marinara)

Rafferty Swink (Evolfo, Low Noon, Oyinda, Ben Pirani)

Ray McGale (Color Tongue)

Raycee Jones

Razor Braids (Hollye Bynum, Jilly Karande, Hannah Nichols, Janie Peacock)

Richey Rose (Songs for Sabotage, ex-High Waisted, Tamaryn, Jennie Vee)

Ronnie Lanzilotta (Evolfo, Pronoun, Rodes Rollins, HENRY FLWR, Misst, Holy Hand Grenade, Charles Fauna, Cape Francis)

Rosie Slater (New Myths, Delicate Steve, Sharkmuffin, Catty)

Ryan Egan

Ryan Foster (Warm Body, Lost Boy ?)

FEATURED

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Sahil (Glom)

Sal Garro (Mount Sharp)

Sam R. (Glassio)

Sarah Carbonetti (ESS SEE)

Sarik Kumar (Mars Motel)

Satin Nickel (Sam Aneson, Nikola Balać,
Morgan Hollingsworth, Ariana Karp,
Andrew Shewaga)

Scott Kodi

Scott Martin (Scott Martin and the Grand
Disaster)

Sean (Glom)

Sean Carroll

Sean Wouters (Drunk Ex, Deaf Poets)

Shane Conerty (Color Collage)

Shane Preece (Max Pain and the
Groovies)

Shari Page (THICK)

Shawn Ghost (Ghostwood Country Club)

Sonny Hell

Steele Kratt (Steele FC)

Stephen Berthomieux (The Big Easy)

Stephen Graniero (Caravela)

Steve Vannelli (Yella Belly, Forever
Honey)

Superbloom (Tim Choate, Brian DiMeglio,
Matteo Dix, David Newman)

Tallbird (Danny Sullivan, Erica Marchetta-
Wood)

Tall Juan

Tanner Peterson (Tanners)

Tarra Thiessen (Sharkmuffin, Gustaf,
Kino Kimino, MamajoeVramajoe)

Tcoy Coughlin (Max Pain and the
Groovies, Dead Things)

Thaddeus Lowe

Theadora Curtis (Climates)

Tine Hill (Gustaf)

Todd Martin (The Mistery)

Tom Corrado (Zoos)

Tom Freeman (Covey)

Tom Wolfson (Sooner)

Tracey (Strange Neighbors)

Vanessa Silberman

Viktor Longo

Viktor Vladimirovich (Prince Johnny)

Vram Kherlopian (Advanced Ant Party,
The Big Drops, MamajoeVramajoe,
Gustaf)

William Thompson (Yella Belly, Elliot &
The Ghost, The Steps, Static Jacks,
Grits., The Rassel)

Yuta Shimmi (Marinara)

Zach (Strange Neighbors)

Zach Butler (95 Bulls, The Mystery
Lights)

Zach Ellis (Dead Tooth, Dead Tooth & No
Surrender, WIVES)

Zach Inkley (95 Bulls, Smock)

Zack Kantor (Loose Buttons)

Zoochie

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